

LUNCH MENU

MONDAY-FRIDAY (LUNCH HOURS VARY)

J.T.'S LUNCH ENTREES

Includes a regular side of your choice.

★Sirloin* 6 oz.

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices. (410 cal.) **8.59**

Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled, served on a bed of rice pilaf. (430 cal.) **8.29**

Shrimp (Grilled or Fried)

Lightly seasoned and grilled, served on a bed of rice pilaf, or hand-breaded and fried to golden perfection. (320-720/230-290 cal.) **8.59**

Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **9.29**

Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp on a bed of rice pilaf. (610 cal.) **9.79**

★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **9.79**

Chopped Steak*

10 oz. hamburger steak with sautéed peppers and onions topped with Onion Tanglers. (580 cal.) **7.99**

Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **7.99**

★Fried Catfish

Hand-breaded, domestic, farm-raised catfish, golden fried. Served with apple coleslaw, hushpuppies and tartar sauce. (500-1070 cal.) **8.99**

Sirloin Tips*

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **9.59**

Country Fried Steak

Battered and fried country-style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **9.99**

Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. (980-1230 cal.) **9.99**

LUNCH SOUP & SALADS

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **8.59**
with Grilled Chicken (990-1630 cal.) **10.99**

★Fried Chicken Salad

Hand-breaded chicken tenders, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **8.99**

Mesquite Grilled Chicken Salad

Grilled chicken strips, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **9.29**

Southwest Chicken Salad

Blackened chicken strips, served on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **9.59**

BLT Wedge Salad

Wedge of iceberg lettuce topped with tomatoes, Applewood smoked bacon, bleu cheese crumbles and ranch dressing. (250-690 cal.) **7.99**

Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **6.99**

Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **5.99**

with Grilled Chicken

(580-1060 cal.) **9.99**

Grilled Shrimp (480-970 cal.) 10.99

Loaded Baked Potato Soup

Bowl (320 cal.) **3.59**

SIDES

Substitute a premium side for an additional 1.00.

Regular Sides 2.59

- + House Salad (180-500 cal.)
- + Caesar Salad (160-400 cal.)
- + French Fries (360 cal.)
- + Baked Potato (260-620 cal.)
- + Fried Okra (250 cal.)
- + Sweet Potato Fries (400-500 cal.)
- + Baked Sweet Potato (450-720 cal.)
- + Smashed Potatoes (100-460 cal.)
- + Steamed Veggies (180 cal.)
- + Green Beans (110 cal.)

Premium Sides 3.59

- + 4 Cheese Mac & Cheese (460 cal.)
- + Sautéed Mushrooms (160 cal.)
- + Loaded Baked Potato (970 cal.)
- + Loaded Smashed Potatoes (800 cal.)
- + Grilled Corn on the Cob (360 cal.)
- + Loaded Baked Potato Soup (320 cal.)

DESSERTS

★Ultimate

Brownie Sin-Sation
Caramel topped pecan brownie with Yarnell's vanilla ice cream, hot fudge, whipped topping, and a cherry. (1090 cal.) **5.99**

Skillet Cookie

Fresh oven-baked chocolate chip cookie topped with Yarnell's vanilla ice cream and hot fudge. (1160 cal.) **5.99**

Bread Pudding

Homemade bread pudding, served warm with pecan praline sauce. (1130 cal.) **3.99**

with Yarnell's vanilla ice cream (1260 cal.) **5.99**

New York Style Cheesecake

With your choice of pecan praline sauce, chocolate, raspberry or caramel topping. (870-1130 cal.) **5.99**

BEVERAGES

Proudly serving Coke® Products

Gift Cards available in store or online at ColtonsSteakHouse.com



We Know What's At *Steak!*™

Colton's Steak House & Grill

32 West Alexander Blvd.

Sand Springs, OK 74063

(918) 245-1000

CALL AHEAD TO HAVE YOUR TAKE-OUT ORDER READY!

APPETIZERS

★Onion Tanglers

Thinly sliced sweet white onions, lightly breaded and golden fried. Served with Colton's signature sauce. **Small** (370-890 cal.) **3.99**
Reg (570-1090 cal.) **5.99**

Spinach Artichoke Dip

Creamy mozzarella and parmesan cheese blended with spinach, artichokes and minced garlic. Served with tortilla chips. (910 cal.) **7.59**

Boneless Honey Barbeque Wings

Breaded boneless chicken bites tossed in our honey barbeque sauce. Served with ranch dressing. (720-1160 cal.) **7.59**

Fried Pickles

Dill slices coated in Colton's seasoned breading and fried to a golden crisp. Served with spicy ranch dressing. (460-900 cal.) **4.99**

Queso Dip

Cheese dip with seasoned ground beef. Served with tortilla chips. (900 cal.) **5.99**

★J.T.'s Onion Blossom

Colossal fried onion. Served with Colton's signature sauce. (570-1090 cal.) **7.59**

Trail Potatoes

Crispy halves of skin-on baked potatoes, loaded with a blend of melted cheeses and bacon, sprinkled with chives. Served with ranch dressing. (1210-1650 cal.) **6.99**

Texas-Sized Cheese Sticks

Large breaded and fried sticks of mozzarella cheese, served melting hot. Served with marinara sauce. **Small** (770-830 cal.) **5.99**
Reg (1530-1590 cal.) **8.99**

Cheese Fries

French fries layered in a blend of cheeses, topped with bacon and green onions. Served with spicy ranch dressing. **Small** (1420-1860 cal.) **6.99**
Reg (1780-2220 cal.) **9.79**

Chipotle Chicken Nachos

Crispy nacho chips covered in a blend of cheeses, refried beans, chicken, rice and chipotle sauce. Topped with lettuce, diced tomatoes and sour cream. Served with jalapeños. (2340 cal.) **8.99**

Santa Fe Eggrolls

Flaky flour tortillas with tender pieces of chicken, veggies, and Southwest spices fried to a golden brown. Served with spicy ranch dressing. (610-1050 cal.) **8.99**

BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice.

★Montana Burger*

Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **9.59**

Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **9.29**

J.T.'s Charbroiled Lonesome Burger*

With lettuce, tomato, pickles, and onion. (780 cal.) **8.29**

Bacon Cheeseburger*

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **9.29**

Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **9.29**

Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **9.29**

Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **8.29**

Swiss Mushroom Burger*

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **9.59**

A 2,000 calorie daily diet is used as the basis for general nutrition advice: individual calorie needs may vary.

Additional nutrition information is available upon request.

Menu items and prices are subject to change.

BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice. Add an additional regular side for **2.59**.

★Montana Burger*

Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **10.29**

J.T.'s Charbroiled Lonesome Burger*

With lettuce, tomato, pickles, and onion. (780 cal.) **8.99**

Bacon Cheeseburger*

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **9.79**

Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **9.99**

Swiss Mushroom Burger*

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **10.29**

Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **9.29**

Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and strips of Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **9.99**

Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **9.79**

STEAK DINNERS

Our steaks are USDA choice and grilled over mesquite wood. Includes two regular sides of your choice. Sub a premium side for **1.00** or a BLT Wedge (690 cal.) for **2.99**.

★Sirloin*

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices.

12 oz. (770 cal.) **16.99**
9 oz. (590 cal.) **14.99**
6 oz. (410 cal.) **10.99**

Smoked Sirloin*

(limited availability) Slow smoked and sliced to order. Served with grilled corn on the cob, au jus and horseradish sauce. **10 oz.** (840-1020 cal.) **15.99**

Del Rio Ribeye*

Rubbed with bold Southwest spices, topped with ancho chipotle butter and Onion Tanglers. **12 oz.** (1350 cal.) **20.99**

Hawaiian Ribeye*

Marinated in our special Hawaiian seasonings and garnished with grilled pineapple. **12 oz.** (950 cal.) **20.99**

Ribeye*

Marbled, juicy and full of flavor. **16 oz.** (1240 cal.) **24.99**
12 oz. (940 cal.) **19.99**

Feta Cheese & Bacon Filet*

Filet Mignon topped with Feta cheese and Applewood smoked bacon crumbles. **8 oz.** (780 cal.) **22.99**

Filet Mignon*

Wrapped in Applewood smoked bacon. **8 oz.** (640 cal.) **20.99**

Sirloin Tips*

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **11.99**

Chopped Steak*

10 oz. hamburger steak with sautéed peppers and onions, topped with Onion Tanglers. (580 cal.) **11.79**

New York Strip*

A steak lover's favorite. **12 oz.** (820 cal.) **19.99**

T-Bone*

J.T.'s largest Steak! **18 oz.** (990 cal.) **24.99**

SOUP, SALADS & PASTA

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

Loaded Baked Potato Soup Bowl (320 cal.) 3.59

Mesquite Grilled Chicken Salad

Grilled chicken strips served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **10.79**

Southwest Chicken Salad

Blackened chicken strips served on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **10.99**

★Fried Chicken Salad

Hand-breaded chicken tenders served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **10.79**

Grilled Sirloin Salad*

Strips of mesquite grilled sirloin served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (860-1500 cal.) **12.99**

Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **9.99** with Grilled Chicken (990-1630 cal.) **12.99**

Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **6.99**

BLT Wedge Salad

Wedge of iceberg lettuce topped with tomatoes, Applewood smoked bacon, bleu cheese crumbles and ranch dressing. (250-690 cal.) **7.99**

Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our special Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **6.99**

with Grilled Chicken

(580-1060 cal.) **11.99**

Grilled Shrimp (480-970 cal.) 12.99

Pasta Alfredo

Fettuccine with Alfredo sauce and broccoli. Topped with Applewood smoked bacon, diced tomatoes and parmesan cheese. (1840 cal.) **9.99**

with Grilled or Fried Chicken

(2090/2100 cal.) **12.99**
Grilled Shrimp (1930 cal.) 14.99
Both (2020 cal.) 13.99

*May be cooked to order. Eating raw or undercooked meat, poultry, eggs or seafood may cause foodborne illness.

Toppings	Add-ONS
Del Rio Style (450 cal.) 2.00	Grilled, Fried or Del Rio Shrimp (250/210/330 cal.) 5.99
Mushrooms & Onions (150 cal.) 2.00	
Feta Cheese & Bacon (140 cal.) 2.00	

RIBS & COMBOS

Includes two regular sides of your choice. Sub a premium side for **1.00** or a BLT Wedge (690 cal.) for **2.99**.

★Ribs & Catfish

Half order of ribs with hand-breaded, domestic, farm-raised catfish, golden fried. Served with apple coleslaw and hushpuppies. (1320-1970 cal.) **18.99**

Ribeye* & Shrimp

12 oz. ribeye with grilled or fried shrimp. (1060-1460/1100-1160 cal.) **24.99**

Ribs & Chicken

Half order of ribs with a mesquite grilled chicken breast. Served with apple coleslaw. (1240-1490 cal.) **17.99**

Catfish & Shrimp

Hand-breaded, domestic, farm-raised catfish, golden fried with grilled or fried shrimp. Served with apple coleslaw and hushpuppies. (740-1710/870-1500 cal.) **16.99**

Sirloin* & Ribs

6 oz. sirloin with a half order of ribs. Served with apple coleslaw. (1220-1470 cal.) **19.99**

Sirloin* & Shrimp

6 oz. sirloin with grilled or fried shrimp. (680-1080/730-790 cal.) **16.99**

Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. Limited Availability. **Half Order** (980-1230 cal.) **14.99**
Full Order (1630-1880 cal.) **19.99**

FAVORITES

Includes a regular side of your choice. Sub a premium side for **1.00** or a BLT Wedge (690 cal.) for **2.99**. Add an additional regular side for **2.59**.

★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **11.99**

Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **11.99**

Grilled Pork Chop

Center-cut pork chop, lightly seasoned, grilled until tender and juicy. Topped with Onion Tanglers. Served with raspberry chipotle sauce. **Single** (540-690 cal.) **9.99**
Double (930-1080 cal.) **12.99**

Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp on a bed of rice pilaf. (610 cal.) **11.79**

Country Fried Steak

Battered and fried country-style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **11.99**

Hawaiian Chicken

Boneless chicken breast, marinated in a blend of teriyaki sauce, pineapple juice and special seasonings. Served on a bed of rice pilaf. (430 cal.) **11.59**

Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled, served on a bed of rice pilaf. (430 cal.) **10.99**

Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **11.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice: individual calorie needs may vary. Additional nutrition information is available upon request.

We cook your steak your way... **RARE** (cool, red center)
MEDIUM RARE (warm, red center) · **MEDIUM** (warm, pink center)
MEDIUM WELL (thin pink line) · **WELL** (cooked throughout)

★ J.T.'s Favorites