

# LUNCH MENU

MONDAY-FRIDAY (LUNCH HOURS VARY)

## J.T.'S LUNCH ENTREES

Includes a regular side of your choice.

### ★Sirloin\* 6 oz.

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices. (410 cal.) **8.99**

### Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled, served on a bed of rice pilaf. (430 cal.) **8.29**

### Shrimp (Grilled or Fried)

Lightly seasoned and grilled, served on a bed of rice pilaf, or hand-breaded and fried to golden perfection. (320-720/230-290 cal.) **8.79**

### Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **9.29**

### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp on a bed of rice pilaf. (610 cal.) **9.79**

### ★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **9.99**

## BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice.

### ★Montana Burger\*

Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **9.59**

### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **9.59**

### J.T.'s Charbroiled Lonesome Burger\*

With lettuce, tomato, pickles, and onion. (780 cal.) **8.29**

### Bacon Cheeseburger\*

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **9.59**

### Chopped Steak\*

10 oz. hamburger steak with sautéed peppers and onions topped with Onion Tanglers. (580 cal.) **8.29**

### Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **7.99**

### ★Fried Catfish

Hand-breaded, domestic, farm-raised catfish, golden fried. Served with apple coleslaw, hushpuppies and tartar sauce. (500-1070 cal.) **8.99**

### Sirloin Tips\*

Tender sirloin tips with sautéed peppers and onions. (510 cal.) **9.79**

### Country Fried Steak

Battered and fried country-style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **9.99**

### Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. (980-1230 cal.) **9.99**

### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **9.59**

### Swiss Mushroom Burger\*

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **9.59**

### Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **9.29**

### Mesquite Grilled Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **8.29**

## LUNCH SOUP & SALADS

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **8.79**  
with Grilled Chicken (990-1630 cal.) **10.99**

### ★Fried Chicken Salad

Hand-breaded chicken tenders, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **9.29**

### Mesquite Grilled Chicken Salad

Grilled chicken strips, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **9.29**

### Southwest Chicken Salad

Blackened chicken strips, served on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **9.59**

### Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **7.29**

### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **5.99**  
with Grilled Chicken (580-1060 cal.) **9.99**  
Grilled Shrimp (480-970 cal.) **10.99**

### Loaded Baked Potato Soup

Bowl (320 cal.) **3.79**

## SIDES

Substitute a premium side for an additional 1.00.

### Regular Sides 2.79

- + House Salad (180-500 cal.)
- + Caesar Salad (160-400 cal.)
- + French Fries (360 cal.)
- + Steamed Veggies (180 cal.)
- + Fried Okra (250 cal.)
- + Baked Potato (260-620 cal.)
- + Baked Sweet Potato (450-720 cal.)
- + Sweet Potato Fries (400-500 cal.)
- + Smashed Potatoes (100-460 cal.)

### Premium Sides 3.79

- + Loaded Baked Potato (970 cal.)
- + Sautéed Mushrooms (160 cal.)
- + Grilled Corn on the Cob (360 cal.)
- + 4 Cheese Mac & Cheese (460 cal.)
- + Loaded Smashed Potatoes (800 cal.)
- + Loaded Baked Potato Soup (320 cal.)

## DESSERTS

### ★Ultimate

#### Brownie Sin-Sation

Caramel topped pecan brownie with Yarnell's vanilla ice cream, hot fudge, whipped topping, and a cherry. (1090 cal.) **5.99**

#### Bread Pudding

Homemade bread pudding, served warm with pecan praline sauce. (1130 cal.) **3.99**  
with Yarnell's vanilla ice cream (1260 cal.) **5.99**

### New York Style Cheesecake

With your choice of pecan praline sauce, chocolate, raspberry or caramel topping. (870-1130 cal.) **5.99**

### Praline Pecan Sundae

Yarnell's vanilla ice cream covered with pecan praline sauce. Topped with whipped topping and a cherry. (880 cal.) **3.99**

## BEVERAGES

Proudly serving Coke® Products

Gift Cards available in store or online at [ColtonsSteakHouse.com](http://ColtonsSteakHouse.com)



We Know What's At *Steak!*™

## Colton's Steak House & Grill

8030 US-64

Bartlett, TN 38133

(901) 383-8445

CALL AHEAD TO HAVE YOUR TAKE-OUT ORDER READY!

## APPETIZERS

### ★Onion Tanglers

Thinly sliced sweet white onions, lightly breaded and golden fried. Served with Colton's signature sauce. **Small** (370-890 cal.) **3.99**  
**Reg** (570-1090 cal.) **5.99**

### Boneless Honey

Barbeque Wings  
Breaded boneless chicken bites tossed in our honey barbeque sauce. Served with ranch dressing. (720-1160 cal.) **7.59**

### Fried Pickles

Dill slices coated in Colton's seasoned breading and fried to a golden crisp. Served with spicy ranch dressing. (460-900 cal.) **5.49**

### ★J.T.'s Onion Blossom

Colossal fried onion. Served with Colton's signature sauce. (570-1090 cal.) **7.59**

### Trail Potatoes

Crispy halves of skin-on baked potatoes, loaded with a blend of melted cheeses and bacon, sprinkled with chives. Served with ranch dressing. (1210-1650 cal.) **6.99**

### Texas-Sized Cheese Sticks

Large breaded and fried sticks of mozzarella cheese, served melting hot. Served with marinara sauce. **Small** (770-830 cal.) **5.99**  
**Reg** (1530-1590 cal.) **8.99**

### Santa Fe Eggrolls

Flaky flour tortillas with tender pieces of chicken, veggies, and Southwest spices fried to a golden brown. Served with spicy ranch dressing. (610-1050 cal.) **8.99**

### Cheese Fries

French fries layered in a blend of cheeses, topped with bacon and green onions. Served with spicy ranch dressing. **Small** (1420-1860 cal.) **6.99**  
**Reg** (1780-2220 cal.) **9.79**

### Chipotle Chicken Nachos

Crispy nacho chips covered in a blend of cheeses, refried beans, chicken, rice and chipotle sauce. Topped with lettuce, diced tomatoes and sour cream. Served with jalapeños. (2340 cal.) **8.99**

### Queso Dip

Cheese dip with seasoned ground beef. Served with tortilla chips. (900 cal.) **5.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice: individual calorie needs may vary. Additional nutrition information is available upon request.

Menu items and prices are subject to change.

## BURGERS & SANDWICHES

Colton's burgers are made with a half-pound of fresh ground beef and seasoned with our special spices. Includes a regular side of your choice.

Add an additional regular side for **2.79**.

### ★Montana Burger\*

Juicy burger with Applewood smoked bacon, cheddar cheese, barbeque sauce, and Onion Tanglers. Served with lettuce and tomato. (1110 cal.) **10.49**

### J.T.'s Charbroiled Lonesome Burger\*

With lettuce, tomato, pickles, and onion. (780 cal.) **8.99**

### Bacon Cheeseburger\*

Lonesome Burger with cheddar or Swiss cheese and Applewood smoked bacon. (930 cal.) **10.29**

### Swiss Mushroom Burger\*

Juicy burger with Swiss cheese, sautéed mushrooms, lettuce, and tomato. (850 cal.) **10.49**

### Mesquite Grilled

#### Chicken Sandwich

Juicy chicken breast with lettuce and tomato on a Ciabatta bun. (530 cal.) **9.29**

#### Deluxe Grilled Chicken Sandwich

Tender chicken breast with Swiss cheese and strips of Applewood smoked bacon on a Ciabatta bun. Served with Honey Dijon. (720-880 cal.) **9.99**

### Philly Steak Sandwich

Tender beef sliced thin with grilled onions, mushrooms, peppers, and Swiss cheese on a hoagie bun. (660 cal.) **9.79**

### Smoked Turkey Club

Shaved smoked turkey, Swiss cheese, Applewood smoked bacon, lettuce and tomato on wheat berry bread with sauce. (470-550 cal.) **9.99**

## STEAK DINNERS

Our steaks are USDA Choice and grilled over mesquite wood. Includes two regular sides of your choice. Sub a premium side for **1.00**.

### Sirloin\*

J.T.'s most popular steak. Lean and generously seasoned with Colton's spices.

**12 oz.** (770 cal.) **16.99**

**9 oz.** (590 cal.) **14.99**

**6 oz.** (410 cal.) **11.59**

### Del Rio Ribeye\*

Rubbed with bold Southwest spices, topped with ancho chipotle butter and Onion Tanglers.

**12 oz.** (1350 cal.) **20.99**

### Hawaiian Ribeye\*

Marinated in our special Hawaiian seasonings and garnished with grilled pineapple.

**12 oz.** (950 cal.) **20.99**

### Ribeye\*

Marbled, juicy and full of flavor.

**16 oz.** (1240 cal.) **24.99**

**12 oz.** (940 cal.) **19.99**

### Toppings

Del Rio Style (450 cal.) **2.00**

Mushrooms & Onions (150 cal.) **2.00**

### Add-Ons

Grilled, Fried or Del Rio Shrimp

(250/210/330 cal.) **5.99**

### New York Strip\*

A steak lover's favorite.

**12 oz.** (820 cal.) **19.99**

### T-Bone\*

J.T.'s largest Steak!

**18 oz.** (990 cal.) **24.99**

### Filet Mignon\*

Wrapped in Applewood smoked bacon.

**8 oz.** (640 cal.) **20.99**

### Sirloin Tips\*

Tender sirloin tips with sautéed peppers and onions.

(510 cal.) **12.59**

### Chopped Steak\*

10 oz. hamburger steak with sautéed peppers and onions topped with Onion Tanglers.

(580 cal.) **11.99**

## SOUP, SALADS & PASTA

Includes a basket of homemade yeast rolls. Roll (120 cal.) and whipped butter (250 cal.).

### Loaded Baked Potato Soup Bowl (320 cal.) 3.79

### Mesquite Grilled Chicken Salad

Grilled chicken strips served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (640-1280 cal.) **10.99**

### Southwest Chicken Salad

Blackened chicken strips, served on a bed of fresh mixed greens, diced tomatoes, and black bean corn salsa, topped with thinly sliced tortilla chips. (680-1320 cal.) **11.49**

### Strawberry Pecan Salad

Fresh mixed greens, mandarin oranges, strawberries, feta cheese and candied pecans. (730-1370 cal.) **9.99**

### with Grilled Chicken

(990-1630 cal.) **12.99**

### Grilled Sirloin Salad\*

Strips of mesquite grilled sirloin, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (860-1500 cal.) **12.99**

### ★Fried Chicken Salad

Hand-breaded chicken tenders, served on a bed of fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, croutons, and purple onion. (760-1400 cal.) **10.99**

### Texas House Salad

Fresh mixed greens, shredded cheese, diced tomatoes, sliced egg, shredded carrots, purple onion, croutons, and diced Applewood smoked bacon. (660-1300 cal.) **7.29**

### Caesar Salad

Texas-sized portion of crisp romaine lettuce and croutons tossed in our special Caesar dressing. Topped with purple onion, sliced egg, and parmesan cheese. (310-790 cal.) **6.99**

### with Grilled Chicken

(580-1060 cal.) **11.99**

### Grilled Shrimp (480-970 cal.) 12.99

### Pasta Alfredo

Fettuccine with Alfredo sauce and broccoli. Topped with Applewood smoked bacon, diced tomatoes and parmesan cheese. (1840 cal.) **9.99**

### with Grilled or Fried Chicken

(2090/2100 cal.) **12.99**

### Grilled Shrimp (1930 cal.) 14.99

Both (2020 cal.) **13.99**

\*May be cooked to order. Eating raw or undercooked meat, poultry, eggs or seafood may cause foodborne illness.

## FAVORITES

Includes a regular side of your choice. Sub a premium side for **1.00**. Add an additional regular side for **2.79**.

## RIBS & COMBOS

Includes two regular sides of your choice. Sub a premium side for **1.00**. Add an additional regular side for **2.79**.

### Sirloin\* & Shrimp

6 oz. sirloin with grilled or fried shrimp. (680-1080/730-790 cal.) **16.99**

### Ribeye\* & Shrimp

12 oz. ribeye with grilled or fried shrimp. (1060-1460/1100-1160 cal.) **24.99**

### ★Ribs & Catfish

Half order of ribs with hand-breaded, domestic, farm-raised catfish, golden fried. Served with apple coleslaw and hushpuppies. (1320-1970 cal.) **18.99**

### Catfish & Shrimp

Hand-breaded, domestic, farm-raised catfish, golden fried with grilled or fried shrimp. Served with apple coleslaw and hushpuppies. (740-1710/870-1500 cal.) **16.99**

### Ribs & Chicken

Half order of ribs with a mesquite grilled chicken breast. Served with apple coleslaw. (1240-1490 cal.) **17.99**

### Sirloin\* & Ribs

6 oz. sirloin with a half order of ribs. Served with apple coleslaw. (1220-1470 cal.) **19.99**

### Colton's Smoked Ribs

St. Louis style, hickory smoked daily. Served with barbeque sauce and apple coleslaw. Limited Availability. **Half Order** (980-1230 cal.) **14.99**  
**Full Order** (1630-1880 cal.) **19.99**

### ★Colton's "Loaded" Chicken

Chicken breast perfectly grilled, covered in sautéed mushrooms, Applewood smoked bacon, green onions, and a blend of cheeses. Served with Honey Dijon. (620-780 cal.) **11.99**

### Chicken Fried Chicken

Tender chicken breast hand-breaded and fried to a golden crisp. Served with white pepper gravy. (580-670 cal.) **11.99**

### Grilled Pork Chop

Center-cut pork chop, lightly seasoned, grilled until tender and juicy. Topped with Onion Tanglers. Served with raspberry chipotle sauce.

**Single** (540-690 cal.) **9.99**

**Double** (930-1080 cal.) **13.79**

### Southwest Chipotle Tips

Tender pieces of chicken seasoned and grilled with sautéed peppers and onions, topped with chipotle cream sauce and two shrimp on a bed of rice pilaf. (610 cal.) **11.79**

### Country Fried Steak

Battered and fried country-style, covered in your choice of white pepper or mushroom gravy. (820/760 cal.) **11.99**

### Hawaiian Chicken

Boneless chicken breast, marinated in a blend of teriyaki sauce, pineapple juice and special seasonings. Served on a bed of rice pilaf. (430 cal.) **11.79**

### Mesquite Grilled Chicken

Boneless chicken breast mesquite grilled, served on a bed of rice pilaf. (430 cal.) **10.99**

### Homestyle Chicken Tenders

Tender chicken fillets hand-breaded and fried to a golden crisp. Served with Honey Dijon. (520-680 cal.) **11.99**

A 2,000 calorie daily diet is used as the basis for general nutrition advice: individual calorie needs may vary. Additional nutrition information is available upon request.

We cook your steak your way... **RARE** (cool, red center)  
**MEDIUM RARE** (warm, red center) · **MEDIUM** (warm, pink center)  
**MEDIUM WELL** (thin pink line) · **WELL** (cooked throughout)

★ J.T.'s Favorites